Low-Dose Aspirin (LDA) Webinar Series

Doula Roundtable: Caring for California's Mamas & Birthing Folks

This panel discussion will provide an understanding of how doulas can help create a safe and healthy space for women/pregnant people in California. From the specifics of doula training to a doula's potential impact—including teaching women/pregnant people about the risks of preeclampsia and related preterm birth and using low-dose aspirin preventively—the panel will give voice to the important role doulas have throughout pregnancy and birth journeys. Webinar objectives can be found on the registration page.

Panelists:



Kairis Chiaji (she/her)
Birth Doula, Educator/Advocate/Consultant



Kamilah Davis (she/her), MSW, CMPSS
Program Coordinator, County of Santa Clara Perinatal
Equity Initiative (PEI)



Nkemka Egbuho (she/her), MPH
Program & Navigation Services Manager at Roots
Community Health (South Bay), Full Spectrum Doula



Michelle Sanders (she/her), CBE, CLEC Founder of Beauty for Ashes Maternal Wellness, Inc., Full Spectrum Doula, Lactation Educator, Childbirth Educator



Moderator: Lindsay du Plessis (she/her), DrPH, MPH Community Engagement Lead, CMQCC

Continuing education contact hours are available for registered nurses through the California Board of Registered Nurses, Provider #3104, Mid-Coastal CA Perinatal Outreach Program for real-time attendance of 50 or more minutes plus completion of an evaluation.







Wednesday December 11, 2024



12:00 to 1:00 P.M. Pacific Time



Virtual (Zoom)

Register today!



https://bit.ly/4fVRvAs

